



EUROGYM20TH
EUROPEAN GYM FOR
LIFE CHALLENGE **26**
PISTOIA ITALY JULY 9-17

Welcome to Pistoia Gymnastic city





EUROGYM20
EUROPEAN GYM FOR
LIFE CHALLENGE26
PISTOIA  ITALY JULY 9-17

**WELCOME TO
PISTOIA - ITALY**

WELCOME TO PISTOIA-ITALY

- SURFACE: 236 SQUARE KM
- INHABITANTS: 88.871
- DENSITY: 376 INHABITANTS/SQUARE KM

About 30 kilometers from the center of Florence (only 25 minute by train) Pistoia and its Province are located in the **heart of Tuscany**, ideal location to reach the other famous cities in the region.

Small, easy to get around, less crowded and less expensive than the more famous destinations, **Pistoia** is a quiet and welcoming city of art: the ideal destination for slow tourism away from mass tourist itineraries.



The city and its surrounding area offer interesting and prestigious artistic itineraries, nature and gastronomy.

With a day trip you can visit cities of art and villages, you can relax at the spa, you can sunbathe on the beaches of Versilia, go skiing in Abetone or trekking in the nearby hills.





PISTOIA

GREEN CAPITAL

- 6.000 HECTARES OF NURSERIES
- 38 MILLION PLANTS PRODUCED PER YEAR
- MORE THAN 1.500 COMPANIES
- SPECIMENS EXPORTED ALL OVER THE WORLD

Nurserymen, landscapers and architects from all over the world come to Pistoia to see and choose plants that are placed at the entrance to the Louvre Museum as well as in the gardens of Buckingham Palace, at the Olympic stadium in Baku and at the court of the King of Jordan.





PISTOIA

WHAT TO SEE (MAIN ATTRACTIONS)

Pistoia offers a mix of cultural, historical and sporting attractions that make it a fascinating destination for visitors and residents.

Piazza del Duomo – The historic heart of the city, surrounded by medieval buildings such as the Cathedral of San Zeno, the Baptistery of San Giovanni in Corte and the Palazzo dei Vescovi.

Ospedale del Ceppo – Famous for the Della Robbia frieze in polychrome ceramic, which depicts scenes of hospital life.

Church of San Bartolomeo in Pantano and Church of San Giovanni Fuorcivitas – Treasures of Pistoia Romanesque art.

Fortezza Santa Barbara – Built by the Medici, today it hosts events and shows.

Civic Museum and Palazzo Fabroni – They house important art collections and contemporary exhibitions.

Pistoia Underground – A fascinating journey beneath the city that traces its history through tunnels and ancient buildings.

San Giorgio Library – One of the most modern and active libraries in Tuscany, with numerous cultural initiatives.

Cultural events – The Pistoia Blues Festival, which attracts internationally renowned artists, and the anthropology festival Dialoghi sull'Uomo.

Pistoia combines history, art and sport in a lively context, offering attractions for all tastes.



THE LOC

LOCAL ORGANIZING COMMITTEE

LOC PRESIDENT

ALESSANDRA MAZZATOSTA

EXECUTIVE DIRECTOR

SIMONE MONACO

INCLUSION PROGRAM

FISDIR+CIP+SPECIAL OLYMPICS

EVENTS MANAGER

FABIO GAGGIOLI

MARKETING

SARA CONTE

SOCIAL MEDIA MARKETING

LORENZO BELLARI

VOLUNTEERS

PIETRO NATALICCHIO

FINANCE/ ADMINISTRATIVE

ROBERTO BRESCI

EGFLC

CATIA ROSI

WORKSHOPS

SONIA ANGILLETTA

GROUP EXHIBITION

SILVIA TECCHI

PARTY

FEDERICO OGGIONI

CATERING

SILVIA NOCI

SECURITY

IVO ANTONELLI
PROTEZIONE CIVILE

ACCOMMODATION

TOUR OPERATOR

TRANSPORTATION

LUISA POZZOBON

SUSTAINABILITY

APPARATUS

GABRIELE MATTEI

ACCREDITATION

FULVIO AGRESTA

MEDICAL

FIMS

SCHOOLS

SALVATORE CONTE
FRANCESCA BRUNELLO

MERCHANDISING

SARA RIDOLFI

FORUM

ANDREA DI GIORGIO

EUROGYM20
EUROPEAN GYM FOR
LIFE CHALLENGE **26**
PISTOIA
ITALY JULY 9-17

PROGRAM

	July 9th THURSDAY	July 10th FRIDAY	July 11th SATURDAY	July 12nd SUNDAY	July 13th MONDAY	July 14th TUESDAY	July 15th WEDNESDAY	July 16th THURSDAY	July 17th FRIDAY
BREAKFAST AT SCHOOLS									
<i>Morning 7-12 am</i>	Arrivals	EUROPEAN GYM FOR LIFE CHALLENGE	EUROPEAN GYM FOR LIFE CHALLENGE Arrivals	Arrivals	Head of delegation Meeting ----- Workshops	Head of delegation Meeting ----- Workshops	Head of delegation Meeting ----- Workshops	Head of delegation Meeting ----- Workshops	Departures
LUNCH									
<i>Afternoon 12 am - 6 pm</i>	Arrivals	EUROPEAN GYM FOR LIFE CHALLENGE	EUROPEAN GYM FOR LIFE CHALLENGE Arrivals	Orientation Meeting for HOD, Group Leaders and Gala coaches EUROGYM	City performances	City performances	City performances	EG Gala rehearsal	Departures
DINNER									
<i>Evening 6 pm - 11 pm</i>	HOD and Group leaders Meeting EUROPEAN GYM FOR LIFE CHALLENGE		Arrivals ----- EGFL PARTY	Parade and Opening Ceremony ----- WELCOME PARTY	EUROGYM PARTY	Educational Forum ----- EUROGYM PARTY	EUROGYM PARTY	EG Gala and Closing Ceremony ----- GOODBYE PARTY	Departures

HOW TO REACH PISTOIA

BY PLANE

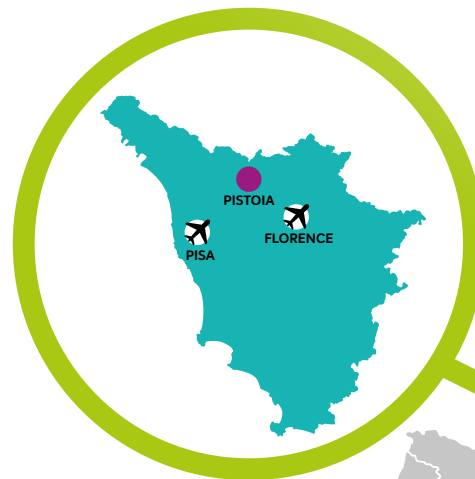
- International Florence Airport 30 Km
- International Pisa Airport 49 km
- International Bologna Airport 110 Km

BY TRAIN

The Central Station of Pistoia is a large railway station serving the city of Pistoia and it is located on the Florence-Lucca-Viareggio line.

BY BUS/AUTO main distances from:

- Firenze 30 Km
- Pisa 50 Km
- Bologna 100 Km
- Genova 195 Km
- Milano 315 Km
- Roma 310 Km



The LOC will offer to the groups, a shuttle service with Special prices to and from the airports and train station of Pisa, Florence, Bologna, Rome and Milan.



GROUPS ARRIVALS

INFO DESK AT

- International Florence Airport
- International Pisa Airport
- Firenze Railway Station
- Pistoia Railway Station



AIRPORT TRANSFERS

The LOC will offer to the groups, **A SHUTTLE SERVICE WITH SPECIAL PRICES** to and from the airports and train station of Pisa, Florence, Bologna, Rome and Milan.

- MILAN
- BOLOGNA
- FLORENCE
- PISA
- GENOVA
- ROME



INTERNAL TRANSPORTATION DURING THE EVENT

- Most facilities and venues within the city are at walking distance.
- The event is designed to reach the venues walking. Max 30 min.
- Our intention is that all participants will be able to use the local busses with their participation cards.
- The city of Pistoia has a dense and frequent network of urban transport.
- During the Eurogym 2026 the service will be enhanced.

SPECIAL SERVICE FOR

EUROPEAN GYM FOR LIFE CHALLENGE: we'll have a shuttle service dedicated to PALACARRARA on 10th and 11th July



EUROGYM20
EUROPEAN GYM FOR
LIFE CHALLENGE **26**
PISTOIA ITALY JULY 9-17th

EUROGYM PARADE

According with the TC-UEG the Parade will take place in the Pistoia Historic City Centre with the accompaniment of the Local Police, the Historical Medioeval Groups and the fanfare and marching band.

Starting from four different points of the historic center, all converging in the Ceremonies Area.

Parade procedure will lead by the Master of ceremonies of the City of Pistoia and the municipalities of the province of Pistoia.



EUROGYM20
EUROPEAN GYM FOR
LIFE CHALLENGE **26**
PISTIA ITALY JULY 9-17th

OPENING GALA, CLOSING CEREMONY

According with the TC-GFA EG, **Ceremonies (Opening and Closing)** and EG Gala will take place in the **Stadio Marcello Melani** appropriately setted-up. 5000 seats.

- LEDWALL
- LIVE DIRECTION
- LIVE MUSIC
- FLAG WAVERERS
- SPORT PRESENTATION



WORKSHOPS AREAS



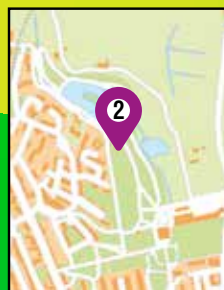
SQUARES and SPORT FACILITIES

1. SPORT HALL PALA CARRARA
2. PARCO VILLON PUCCINI
3. PARCO DELLA RANA
4. STADIUM MARCELLO MELANI
5. PIAZZA DUOMO
6. PARCO DI MONTEULIVETO
7. PIAZZA DELLA RESISTENZA



HEADQUARTER and EXHIBIN CENTER

EXHIBITION CENTER
LA CATTEDRALE



The city performances will take place at three different stages in the main squares of Pistoia's city center, and give the groups the opportunity to show what they have prepared at home.

All performance levels are acceptable and everybody can participate.

Each group will present their performance twice during the week.

A group has to consist of minimum 6 gymnasts, and

each performance can last a maximum of 5 minutes, excluding preparation of the venue and marching in and out.

Participants can visit the stages in the morning, but there will be no opportunity for rehearsals at the stages before the city performances.

Stage 1: (performance area: 14 x 20 meters)

Stage 2: (performance area: 14 x 14 meters)

Stage 3: (performance area: 14 x 14 meters)

WORKSHOPS

PROVISIONAL LIST

We will provide a lots of different workshops during the week, and all groups will be provided with four different workshops. This is the provisional list with workshops that we want to provide. Changes might be done to the complete list before the registration for workshops begins.

DANCE

AERIAL DANCE
BODY PERCUSSIONS
BREAK DANCE
CHEERLEADING
COUNTRY DANCE
FLAG POLE
HIP HOP
ITALIAN TRADITIONAL DANCE
JAZZ GYMNASTICS
MODERN DANCE
ZUMBA

MARTIAL ARTS

KARATE
JUDO
TAEKWONDO

GYMNASTICS

ACROBATIC GYMNASTICS
ARTISTIC GYMNASTICS
PARKOUR
RHYTHMIC GYMNASTICS
SPECIAL COREOGRAPHY
TEAM GYM
TRAMPOLINE

EXPRESSIVE ACTIVITIES

FLAG WAVING
HAIR AND MAKE UP

NATURAL SPORT

ARCHERY
HIKING
MOUNTAIN BIKE
NORDIC WALKING
ORIENTEERING
ULTIMATE FRISBEE

SPORT GAMES

AEROBIC
ATHLETICS
BASKET
BUBBLE FOOTBALL
CALISTHENICS
CROSS-FIT
FIELD HOCKEY
FITBALL
FUNCTIONAL TRAINING
FUTSAL
GAG
JUGGLING
LAUGHT YOGA
PADEL
PILATES
RUGBY
SKATING
SLACKLINE
TENNIS
VOLLEY

GROUP EXHIBITIONS, EVERYTHING IN A WALKING DISTANCE

EVERY VENUE
WILL BE PROVIDE WITH:

- STAGE
- CHANGING TENTS
- AUDIO
- LEDWALL IF POSSIBLE
- TRIBUNES OR CHAIRS
- TOILETS



EUROGYM20
EUROPEAN GYM FOR
LIFE CHALLENGE **26**
PISTOIA ITALY JULY 9-17th

HEAD QUARTER EXHIBITION CENTER LA CATTEDRALE

- Secretariat
- Accommodation
- Catering Area
- Services
- Merchandising
- Press Office
- Photoservice
- Wi-fi Area
- Meeting rooms
- First Aid
- Entertainment
- Info point



EUROGYM20
EUROPEAN GYM FOR
LIFE CHALLENGE **26**
PISTOIA ITALY JULY 9-17th

EUROPEAN GYM FOR LIFE CHALLENGE 5TH EDITION

JULY 9TH -11TH 2026

The contest will take place at
SPORTHALL PALA CARRARA.

WARM-UP

The warm-up for the contest will
be held at SPORTHALL PALA CARRARA.

THE FLOOR IS 32x20 METERS



CITY PERFORMANCES GROUPS EXHIBITION



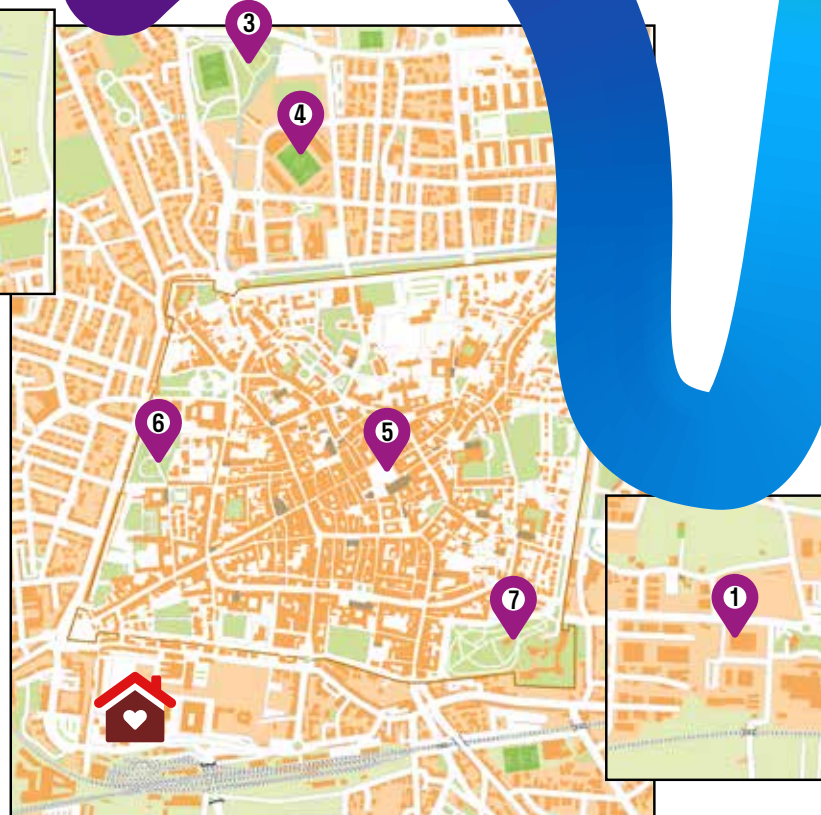
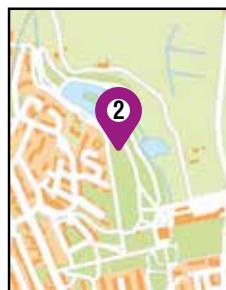
SQUARES and SPORT FACILITIES

1. SPORT HALL PALA CARRARA
2. PARCO VILLON PUCCINI
3. PARCO DELLA RANA
4. STADIUM MARCELLO MELANI
5. PIAZZA DUOMO
6. PARCO DI MONTEULIVETO
7. PIAZZA DELLA RESISTENZA



HEADQUARTER and EXHIBIN CENTER

EXHIBITION CENTER
LA CATTEDRALE



The city performances will take place at three different stages in the main squares of Pistoia's city center, and give the groups the opportunity to show what they have prepared at home.

All performance levels are acceptable and everybody can participate.

Each group will present their performance twice during the week.

A group has to consist of minimum 6 gymnasts, and

each performance can last a maximum of 5 minutes, excluding preparation of the venue and marching in and out.

Participants can visit the stages in the morning, but there will be no opportunity for rehearsals at the stages before the city performances.

Stage 1: (performance area: 14 x 20 meters)

Stage 2: (performance area: 14 x 14 meters)

Stage 3: (performance area: 14 x 14 meters)

PISTOIA

SPORTS FACILITIES AND NATURAL PARKS

PARCO MONTEOLIVETO



PARCO DELLA RANA



PARCO DELLA RESISTENZA



PARCO PUCCINI



EDUCATIONAL FORUM

The LOC is working on some challenging topic suggestions for the FORUM.

These are some topics we would like to propose for:

- **GYMNASTICS PSYCHOLOGY AND MENTAL PERFORMANCE COACHING.**
- **EMOTIONAL MANAGEMENT IN GYMNASTICS, TECHNIQUES AND STRATEGIES FOR GYMNASTS AND COACHES.**





CATERING

Breakfast will be served directly at the schools, lunch and dinner will be served in the **CATERING AREA** which is located at a walking distance from the workshops venues and stages. Meals with diet requirements (vegetarian, gluten-free, allergic, etc.) will be available.

Catering services will be carried out by one or more catering companies selected from those who provide the daily catering service in the schools of the Municipality of Pistoia.

Catering will serve fresh, healthy and tasty food.

The Catering will help to create moments of sociality and fun as well as provide proper nutrition to the participants.



APPARATUS

PROVISIONAL LIST

Following apparatus will be available at the stages.



- AIRTRACK
- FLOOR MATS - ROLL
UP TRACKS
- LANDING AREA
TEAMGYM

- LANDING MATS
- PEGASUS
- ROLLER MATS
- SAFETY MATS
- SPRINGBOARD

- TRAMPETTE - OPEN
INCL REAR GUARD
- TRAMPETTE -
TEAMGYM INCL.
REAR GUARD

- TRAPEZIUM - FOAM
- VAULT RUNWAY



ACCOMMODATION SCHOOLS

WALKING DISTANCE FOR WORKSHOPS AND EXHIBITION AREAS

10/15 PEOPLE PER CLASSROOM, WITH SANITARY FACILITIES

BREAKFAST SERVED AT EACH SCHOOL

24 HOUR VIGILANCE SECURITY SERVICE AT SCHOOL

ALL SCHOOLS ARE INSPECTED BY THE FIRE AUTHORITIES

**ALL PARTICIPANTS MUST BRING THEIR OWN SLEEPING MATTRESS
AND SLEEPING BAG**



17 SCHOOLS	CLASSROOM	PLACES
7 HIGH SCHOOLS	246	3690/4920
10 PRIMARY AND SECONDARY SCHOOLS	175	2625/3500
TOTAL	421	6315/8420





ACCOMMODATION HOTELS

Some of the Hotels selected for the event:

HOTEL VILLA CAPPUGI
HOTEL VILLA GIORGIA
HOTEL VILLA LE PANCHE
HOTEL PALAZZO 42
HOTEL BATTISTERO
HOTEL AGRITURISMO SAN
ROCCO
HOTEL PATRIA
HOTEL AGRITURISMO

TORREGHIOTTA
HOTEL BORGO ANTICO
CASALBOSCO
HOTEL & SUITES PALAZZO 42
HOTEL VILLA PARRI
HOTEL FRANCESCHI
HOTEL MILANO
HOTEL VILLA PUCCINI

EUROGYM20
EUROPEAN GYM FOR
LIFE CHALLENGE **26**
PISTOIA ITALY JULY 9-17th



**Official Hotel for
EUROGYM and
EGFLC 2026**



EUROGYM20
EUROPEAN GYM FOR
LIFE CHALLENGE **26**
PISTOIA ITALY JULY 9-17th

SAFETY



- A first aid service will be available during all the event long.
- Participants can easily use the local health service.
- A first aid service specialist (physiotherapist, doctor), where participants can obtain treatment for minor injuries / illnesses, will be available at the Headquarter Centro Fiere La Cattedrale.
- Pistoia's Water taps is safe to drink. The city has many public drinking fountains. Participants will receive a water bottle to fill at will.
- The entire event will be accompanied by the support of Voluntary Civil Defence members.
- The rescue and security forces will be coordinated in collaboration with the L0C

VOLUNTEERS: **MORE THAN** **300 PEOPLE** **IN SERVICE**

Organizational engine.

They have different tasks:

- **Assistance at the Airport Arrivals and Departures**
- **Assistance for delegations, group leaders and participants**
- **Cooperation with the staff in the various planned activities**
- **Catering, Sport Facilities, Accommodation, etc.**
- **Assistance for ceremonies**
- **Assistance in the Head Quarter and Secretariat**



The Volunteer's selection will occur through:

- **National Gymnastic Federation (FGI) and his affiliated gymnastics team**
- **Local and Regional Sport Associations**
- **High Schools**
- **University**

REGISTRATION

NOTIFICATION OF INTEREST MAY 1ST – JULY 13TH 2025

For the notification of interest we will ask for estimated amount of participants from each Federation.

PROVISIONAL REGISTRATION JULY 13TH – NOVEMBER 13TH 2025

For the provisional registration we will ask for how many groups that will attend from each Federation, and how many participants there will be in each group. 10% of the participation card should be paid by December 13th, this is non-refundable.

DEFINITIVE REGISTRATION NOVEMBER 13TH 2025 – MARCH 13TH 2026

For the definitive registration LOC will ask for a lot of details about the participants (personal but not sensitive information), travel plans, special food diet etc.



REGISTRATION **TO PERFORM AT THE EUROGYM GALA**

Groups who would like to be in the Gala can apply through their National Federation (European Gymnastics will provide the NF's with an application form).

There is no limit to how many applications each federation can send. The maximum duration of one Gala-performance is 3 minutes.

Members of the European Gymnastics TC-GFA will choose the groups.

L0C choreographer will script the show.

Each performance will be evaluated by the TC-GFA according to the following criteria:

- Entertainment value and overall impression
- Innovation and originality
- Technique, quality and safety
- Variety and diversity

More specific information about this application will be sent to the National Federations in a due time.

PRICES

WITH SCHOOL ACCOMMODATION

The fee for EUROGYM is 320,00 Euros
The fee for EUROPEAN GYM FOR LIFE CHALLENGE is 170,00 Euros
The fee for both EG and EGFLC is 420,00 Euros

Included in the EUROGYM accreditation card:

- School accommodation from Saturday to Friday (6 nights)
- Breakfast from Sunday to Friday
- Lunch and dinner Sunday to Thursday
- Entry to all ceremonies
- Participation in 4 workshops
- Two performances per team
- FunZone
- Transportation from/to workshops/arenas if needed

Shuttle to/from airport is not included and will be an additional cost.

PRICES

WITH HOTELS ACCOMMODATION

As an alternative to accommodation in schools, the LOC will propose a series of hotels to book.

Participants who book a hotel through the LOC pay the following participation fee:

The fee for EUROGYM is 250,00 Euros + Hotel accommodation cost

The fee for EUROPEAN GYM FOR LIFE CHALLENGE is 130,00 Euros + Hotel accommodation cost

The fee for both EUROPEAN GYM FOR LIFE CHALLENGE and EUROGYM is 330,00 Euros + Hotel accommodation cost.



**Discover
Pistoia,
discover
Tuscany**



**Very close to Pistoia
there are the most
famous art towns
of Italy**

Welcome to Pistoia Gymnastic city



**Pistoia is the perfect starting
point to visit all the most
important and renowned
resorts of our region,
homeland of the Renaissance,
like Florence, Pisa, Lucca,
Siena and more.**

Enjoy it!

**Surrounded
by architecture,
art, wine, food,
beauty and
nature**



Love it!



**In the
heart of Italian
Meraviglia**





THANK YOU!

www.eurogym2026.com
eurogym2026@gmail.com

EXECUTIVE DIRECTOR
Mr. Simone Monaco
+39.3331845608



EUROGYM20TH
EUROPEAN GYM FOR
LIFE CHALLENGE **26**
PISTOIA ITALY JULY 9-17

Welcome to Pistoia Gymnastic city

